



# Contained in Nimbin

## Sensory & Neurodivergent Guest Guide

*We welcome every brain, every body, and every way of experiencing the world.*

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### About This Guide

We understand that travel can come with extra considerations for neurodivergent guests or guests with sensory sensitivities. This guide is here to help reduce uncertainty and offer practical details so you can feel prepared, supported, and calm throughout your stay.

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### Arrival

- **Driveway:** Gravel and compacted earth; light crunching sounds under tyres.
  - **Parking:** Flat surface; park beside your cabin (less than 1 metre away).
  - **Wayfinding:** Each cabin is clearly signposted with its name. Signage is reflective at night.
  - **Lighting:** There are solar lights in each garden bed in front of the cabins. External motion-sensor lights are present but only activate when turned on manually.
  - **Entry:** Outdoor stairs (4–6 steps) lead to each cabin. A key lockbox is located at the front door, with the code provided via SMS/email before arrival.
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### Sound

- **Quiet, Natural Setting:** Expect birdsong, rustling trees, and seasonal wildlife.
- **Occasional Rural Sounds:** Faraway lawnmowers or tractors, dogs barking, or faint human voices.
- **Sound Inside:** Cabins are insulated. Rain on the roof may be audible, but other external sounds are softened.

#### Estimated Decibel Range:

- Inside the cabin (quiet): **25–35 dB** – Comparable to a quiet rural home or soft whisper.
  - Inside during rain: **35–50 dB** – Rainfall is audible but gently muted by insulation.
  - Outdoor area: **30–40 dB** during calm periods; **40–55 dB** if a distant lawnmower or similar is in use.
  - For context, normal conversation is around 60 dB, and a vacuum cleaner is 70+ dB.
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## Light

- **Daylight:** Large glass sliding doors with block-out drapes. All windows have both sunlight-filtering and full block-out blinds.
  - **Artificial Light:** Warm overhead lighting. No bedside lamps or harsh fluorescents.
  - **No Sudden Brightness:** Lighting is controlled manually—no automatic lights inside cabins.
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## Scent

- **Fragrance-Free Option:** Let us know if you prefer a scent-free cabin. We can remove incense and other scented items before your stay.
  - **Cleaning Products:** We use eco-certified, low-scent products. No bleach or synthetic sprays.
  - **Natural Smells:** Cabins may have mild wood or linen scents. Some guests notice subtle eucalyptus from the surrounding bushland.
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## Touch & Texture

- **Bedding:** Soft bamboo cotton sheets, linen doona, and an optional extra blanket.
  - **Furniture:** Natural textures—wood, linen, and minimal synthetics.
  - **Temperature:** Reverse-cycle air-conditioning in each cabin. The light on the unit can be turned off using the remote.
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## Technology & Screens

- **TV:** Each cabin is equipped with a TV. You can control volume, brightness, and screen settings.
  - **Wi-Fi:** Wi-Fi is available in all cabins. There are no blinking modems or routers in view.
  - **Lighting:** No digital clocks or standby lights.
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## Movement & Environment

- **Cabin Interior:** Open-plan layout with kitchen, dining, lounge, and bedroom zones. Approx. 45 sq m floor space. The deck space is 15 sq m.
- **Bathroom:** Each cabin has an ensuite with a standard frosted privacy door. No automatic flush systems or hand dryers. The toilet seat contrasts with the floor tiles.
- **Outdoor Area:** Each cabin has a private deck and firepit zone with native plantings and seating.

- **Shared Space:** There is a shared space between the cabins, but each has been thoughtfully positioned and screened to maintain a strong sense of privacy.
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### **Calm Spaces On-Site**

- **Food Forest:** A peaceful spot to walk, sit, or self-regulate. Free to explore at your own pace.
  - **Goolmangar Creek:** A 350-metre western boundary offers a quiet, shaded place ideal for calm and reflection.
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### **Predictability & Choice**

- **Self Check-in/Out:** No interaction required unless you prefer it.
  - **Customisation Options (on request, simply mention your preferences at the time of booking or via SMS/email):**
    - Fragrance-free preparation
    - Dim lighting setup
    - Early check-in or late check-out (subject to availability)
  - **Emergency Info:** Clearly printed and located in the cabin.
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### **Our Philosophy**

We are LGBTQIA+ welcoming, neurodiversity-affirming, and believe every guest deserves respect and comfort. There's no pressure to mask or engage socially if you prefer solitude.


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### **Optional Add-Ons for Comfort**

- **Ember Kit** (additional cost) *Enjoy a quiet evening in your private firepit area under the stars. The kit includes a bag of hardwood, kindling, firelighters, matches, and marshmallows—everything you need for a gentle, sensory-friendly outdoor experience.*
  - **Nature Guide** (included in every cabin) – A 16-page illustrated fauna guide to explore local wildlife at your own pace. Scan the QR code to download to your phone or request a translated version in another language.
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### **Questions or Specific Needs?**

If you'd like to clarify anything or request a particular setup before your stay, we're happy to help.

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